

MESSAGES FOR MOTHER'S DAY

This year for Mother's Day, our Gentlemen's class decided that they wanted to do something nice for the women in our community that might otherwise be overlooked. The gentlemen took it upon themselves to create over 40 handmade Mother's Day cards. The cards were delivered and passed out to patrons of the Upper Room with a special message:

*To all the mothers
and other women in our lives, that care
for us and love us unconditionally.
Happy Mother's Day!*



Above: Poppy by Ruben P
Below: June bugs by Josh R and Angie C



GYMTASTIC

As part of our on-going effort to implement our vision of full inclusion, MORE is proud to announce a new partnership with UFC Gym in Placerville. The staff at the Gym will be teaching a kickboxing class to a group of 12 of our clients, two times per week (these clients will also have access to the gym 24/7 to work out on their own). Although when practiced professionally, kickboxing is a full contact combat sport based on punching and kicking, it can also be used for general fitness training and self-defense. That is what our clients will be focused on.

"I know I'm speaking for ownership, leadership and the coaching staff at UFC GYM Placerville when I say we are all excited and grateful to play such a critical role in the lives of your clients. We truly believe that

FULL INCLUSION is the best way! Our community and team are here to support everyone to make sure they feel that love."
Jake Wrobel, Regional Director
UFC Gym ■


The latest news and events at Mother Lode Rehabilitation Enterprises Inc. iMOREthanNEWS

Full Inclusion For All People JUNE 2023

STAND UP FOR MORE COMEDY NIGHT

The 7th Annual Stand Up for MORE Comedy Night was held on Friday, April 28th at the El Dorado County Fairgrounds. Proceeds from the event benefited both MORE and the El Dorado County Chamber of Commerce!

The Producer and MC for this year's event was Scott Edwards. Scott is the man who brought comedy to Northern California in 1980, owned *Laughs Unlimited* for over 20 years, and worked with the best – Jay Leno, Dana Carvey, Jerry Seinfeld, and many more.



Laurel Brent-Bumb, CEO at El Dorado County Chamber of Commerce.

Headlining the show was Mr. Eddie Brill. For seventeen years, he served as the audience warm-up comic for The Late Show with David Letterman. The evening also featured Steve Bruner. Steve is known for his work on Comedy Club Network (Showtime), An Evening at the Improv (A&E), Into the Night (ABC), and The Byron Allen Show (NBC), to name a few. In addition to the wonderful entertainment, the night also included a delicious catered meal, a raffle, and a live auction. ■

Fun Fridays!



MORE has been continuing with our recently adopted tradition of celebrating once per month with a themed fun Friday. This quarter our themes were as follows:

In April, we celebrated Easter by dyeing Easter Eggs, having an Easter Egg hunt, singing karaoke, watching movies, and playing games. We were also thrilled to have our friends from the Sikh Motorcycle Club join us for

the celebration. The Sikhs helped us hide the Easter Eggs, staked some of our recently plant-

ed trees, and gave a brief presentation on how their efforts are serving the community

In May, we celebrated Cinco De Mayo. We learned about Mexican history, listened to mariachi music, ate traditional Mexican foods, played games, and dressed accordingly. ■

ADOPT-A-SPOT TAKES HOME COUNTY FAIR BLUE RIBBON



MORE's gardening class takes care of a small piece of ground at the County Fairgrounds, known as our Adopt-a-spot. We design, plant, and maintain the small garden year-round. Other community members also maintain spots.

Each year, during the County Fair a themed competition is held, and all the Adopt-a-spots are decorated accordingly. This year's theme was *Country Nights and Carnival Lights*. MORE's gardening class worked closely with our Creative Arts Department and created a special design that included a moving Ferris wheel, a snack stand featuring synthetic cotton candy, corn dogs popcorn, and a giant anthropomorphic farmer pig. The garden was also lit up with colored lights. The team was awarded the blue ribbon for most creative garden! ■

INTRODUCING MORE'S NEW THEATRE ARTS PROGRAM

Yes, theatre is underway here at MORE. With the addition of Andrew Vonderschmitt to our staff, we are now offering eight theatre related classes each week. These focus on various aspects of producing a play, from design elements to performance. By way of introduction here is what's currently taking place in each of these new classes.

INTRODUCTION TO THEATRE

This class has been introduced to history and different types of theatre, including children's, musical, drama, comedy, etc. Students are learning to recognize the different genres.

INTRODUCTION TO ACTING

A basic introduction to acting including, but not limited to stage positioning (blocking), playing to an audience (opening up), connecting with a partner (dialogue), and character development (happy or sad). The class is currently working on presenting select clown routines and two-person scenes

MUSICAL THEATRE

Musical Theatre introduces students to both singing and choreography. It includes both group participation and solos. Songs and dance routines are simple and easy to enjoy.

IMPROV THEATRE

Improv games and various short scenes are utilized by the participants. Scenes are very simple to enable non-reading participants to easily learn or mimic.

Right: Forest-themed backdrop design produced by the clients in the Scenic Design class.



Above: Kyle W (Bingo) clowning-around in the Introduction to Acting class.



Left: Kenion J and Richard C working on their backdrop designs in the Scenic Design class.

SKETCH PRODUCTION

A comedy sketch, "MORE Camping," is being developed and will receive a full theatrical design. The costume, sound and scenic design classes are all working diligently on their respective disciplines. The sketch will be performed for staff and clients on an upcoming Friday.

SOUND DESIGN

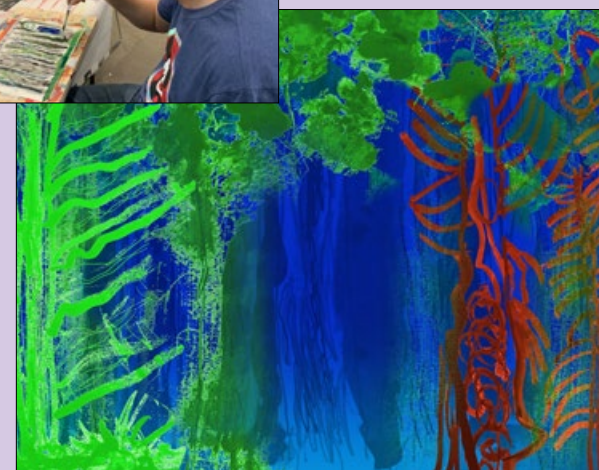
Participants are introduced to the basic tenets of sound design, including practical and recorded techniques and practices.

COSTUME DESIGN

Participants are learning basic costume design, techniques, and practices.

SCENIC DESIGN

Participants are working in the Creative Arts studios to produce set designs and props to support the acting classes.



OUR VOICE

NEW ADVOCACY CLASS WITH UC DAVIS EXTENSION & STANFORD

We are excited to announce that we are continuing to expand our relationship with U.C. Davis Extension. This quarter we have started a new program with them called 'Our Voice'.

The Our Voice initiative was developed by Stanford University and provides tools and resources to support community driven change. It utilizes a computer app to collect data and recognizes residents as experts in their own community.

For MORE, clients will be asked to evaluate our building site. This is the first time that the program is being used to support people

with special needs. The UC Davis Team will supply our clients' tablets with the app loaded on it. Clients will then walk around the outside of our facility and take pictures with their tablets. They will then grade the pictures as depicting something positive or negative.

The data is sent back to Stanford and a map is generated that shows where we may have safety issues or areas than can be improved on. It provides the clients with an easy way of documenting their community experiences, perspective, and an opportunity to be heard. ■



BACK IN AKTION



On June 20, the Aktion Club of El Dorado County met for the formal installation/induction of new officers, advisors, and members.

Kiwanis representative Tom Hinshaw was there and introduced the Kiwanis Lieutenant



Governor Gail Cirata, and Lieutenant Governor Elect Charlayne Bowman, who performed the inductions. With addition of new board members, new advisors, and new members, our local Aktion club is now up to 28 members! ■